

Convocation 2026 / Schedule of Online Events – Central Daylight Time (CDT)

Sunday August 2	Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8
	10:00 AM – 1:00 PM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group	10:00 AM – 11:00 AM Meditation Sister Karuna	10:00 AM – 1:00 PM Meditation with Brother Chidananda SRF Monks' Kirtan Group	10:00 AM – 11:00 AM Meditation Sister Sarala	10:00 AM – 1:00 PM Guided Meditation Sister Jyoti	10:00 AM – 11:00 AM Meditation Sister Veena
		12:30 PM – 1:30 PM Satsanga (Questions & Answers) Brother Kartikananda		12:30 PM – 1:30 PM Satsanga (Questions & Answers) Brother Tyagananda		12:00 PM – 1:00 PM Online Fellowship "What have you learned this week that you want to put into practice?"
			2:00 PM – 3:00 PM Guided Meditation in Italian with Technique Review Sister Anjali		1:30 PM – 2:30 PM Guided Meditation in German with Technique Review Brother Asimananda	3:00 PM – 4:00 PM "Bringing the Calmness of Meditation Into Our Relationships" Sister Brahmani
	4:30 PM – 5:30 PM "Recharging the Body with Cosmic Energy" Brother Muktananda	4:30 PM – 5:30 PM "Mastering the Techniques of Meditation – Part II" (Aum Technique of Meditation) Brother Ritananda	4:00 PM – 5:00 PM Guided Meditation in Portuguese with Technique Review Sister Amaravati	4:00 PM – 5:00 PM Guided Meditation in Spanish with Technique Review Sister Meenakshi		
	6:30 PM – 7:30 PM "Mastering the Techniques of Meditation – Part I" (Hong-Sau Technique of Concentration) Sister Dhira	6:30 PM – 7:30 PM Guided Meditation in Japanese with Technique Review Sister Shankari	5:00 PM – 6:00 PM Online Fellowship "What have you learned, what has stood out for you so far?"	6:00 PM – 7:30 PM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group		
7:00 PM – 8:00 PM Online Fellowship "What are you looking forward to in this year's Convocation?"			6:30 PM – 7:30 PM Satsanga (Questions & Answers) Brother Sevananda			
9:30 PM – 10:30 PM "The Art of Joyful Living: Yoga's Path to Happiness" Brother Saralananda	9:30 PM – 10:30 PM "Eternal Youth: What Does it Mean and How Can We Have It?" Brother Kamalananda	9:30 PM – 10:30 PM "Inner Security Through Divine Connection" Brother Bhumananda	9:30 PM – 10:30 PM "Becoming an Instrument of Divine Love" Sister Draupadi	9:30 PM – 10:30 PM "The Guru: Divine Friend and Guide" Brother Satyananda	9:30 PM – 10:30 PM An Evening with SRF/YSS President— "Paramahansa Yogananda's Kriya Yoga Teachings" Brother Chidananda	
11:00 PM – 12:00 AM Meditation Brother Nikhilananda	11:00 PM – 12:00 AM Meditation Brother Ekananda	11:00 PM – 12:00 AM Meditation Brother Nishthananda	11:00 PM – 12:00 AM Meditation Brother Vidurananda	11:30 PM – 12:00 AM Meditation Brother Padmananda	11:00 PM – 12:00 AM Meditation Brother Asimananda	