

Convocation 2026 / Schedule of Online Events – Australian Eastern Standard Time (AEST)

Monday August 3	Tuesday August 4	Wednesday August 5	Thursday August 6	Friday August 7	Saturday August 8	Sunday August 9
	1:00 AM – 4:00 AM Meditation with Kirtan (Devotional Chanting) SRF Monks' Kirtan Group	1:00 AM – 2:00 AM Meditation Sister Karuna	1:00 AM – 4:00 AM Meditation with Brother Chidananda SRF Monks' Kirtan Group	1:00 AM – 2:00 AM Meditation Sister Sarala	1:00 AM – 4:00 AM Guided Meditation Sister Jyoti	1:00 AM – 2:00 AM Meditation Sister Veena
		3:30 AM – 4:30 AM Satsanga (Questions & Answers) Brother Kartikananda		3:30 AM – 5:30 AM Satsanga (Questions & Answers) Brother Tyagananda		3:00 AM – 4:00 AM Online Fellowship "What have you learned this week that you want to put into practice?"
			5:00 AM – 6:00 AM Guided Meditation in Italian with Technique Review Sister Anjali		4:30 AM – 5:30 AM Guided Meditation in German with Technique Review Brother Asimananda	6:00 AM – 7:00 AM "Bringing the Calmness of Meditation Into Our Relationships" Sister Brahmani
	7:30 AM – 8:30 AM "Recharging the Body with Cosmic Energy" Brother Muktananda	7:30 AM – 8:30 AM "Mastering the Techniques of Meditation – Part II" (Aum Technique of Meditation) Brother Ritananda	7:00 AM – 8:00 AM Guided Meditation in Portuguese with Technique Review Sister Amaravati	7:00 AM – 8:00 AM Guided Meditation in Spanish with Technique Review Sister Meenakshi		
	9:30 AM – 10:30 AM "Mastering the Techniques of Meditation – Part I" (Hong-Sau Technique of Concentration) Sister Dhira	9:30 AM – 10:30 AM Guided Meditation in Japanese with Technique Review Sister Shankari	8:00 AM – 9:00 AM Online Fellowship "What have you learned, what has stood out for you so far?"	9:00 AM – 10:30 AM Meditation with Kirtan (Devotional Chanting) SRF Nuns' Kirtan Group		
10:00 AM – 11:00 AM Online Fellowship "What are you looking forward to in this year's Convocation?"			9:30 AM – 10:30 AM Satsanga (Questions & Answers) Brother Sevananda			
12:30 PM – 1:30 PM "The Art of Joyful Living: Yoga's Path to Happiness" Brother Saralananda	12:30 PM – 1:30 PM "Eternal Youth: What Does it Mean and How Can We Have It?" Brother Kamalananda	12:30 PM – 1:30 PM "Inner Security Through Divine Connection" Brother Bhumananda	12:30 PM – 1:30 PM "Becoming an Instrument of Divine Love" Sister Draupadi	12:30 PM – 1:30 PM "The Guru: Divine Friend and Guide" Brother Satyananda	12:30 PM – 1:30 PM An Evening with SRF/YSS President— "Paramahansa Yogananda's Kriya Yoga Teachings" Brother Chidananda	
2:00 PM – 3:00 PM Meditation Brother Nikhilananda	2:00 PM – 3:00 PM Meditation Brother Ekananda	2:00 PM – 3:00 PM Meditation Brother Nishthananda	2:00 PM – 3:00 PM Meditation Brother Vidurananda	2:30 PM – 3:00 PM Meditation Brother Padmananda	2:00 PM – 3:00 PM Meditation Brother Asimananda	